



Life Force®
INTERNATIONAL

Manufactured by Life Force®
Poway, CA 92064, USA
(800) 531-4877 • www.lifeforce.net

Intestinal Tone

Product name: Intestinal Tone, 14 oz. (397 g)

Item no: 111 (50011)

Characteristics:

- The highest grade of 100% psyllium fiber
- A blend of 80% husks and 20% seeds
- Ground down to a fine powder

Benefits:

- Excellent bulking agent
- Promotes bowel regularity
- Excellent source of soluble and insoluble fiber with 5 grams per serving

Color: wheat brown

Flavor/taste: flour-like, ground husk taste

Texture: powder

Recommended daily intake: Mix 1 teaspoon in 8 -10 ounces of liquid with meals. Use as part of the Colon Cleanse Program or as your daily fiber supplement throughout the year.

Servings per container: 66

Storage/shelf life:

- **Unopened:** shelf-stable for 24 months when stored at room temperature, sheltered from light and moisture, and product is kept in its original packaging
- **Opened:** for the best benefits use within 12 months after opening

Ingredients: Psyllium (husks and seeds)

Note: This food should be eaten with at least a full glass of liquid. Eating this product without enough liquid may cause choking. Do not eat this product if you have difficulty in swallowing.

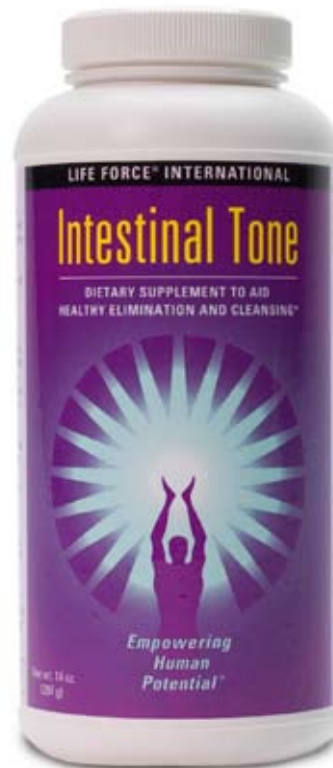
Guaranteed analyses

Microbiology:	Maximum:
E.coli MPN/g	<3 (negative by test)
CP Staph/g	<10 (negative by test)
Salmonella/25 g (ELI)	negative by test
Listeria monocytogenes/25g (ELI)	negative by test

General: All Life Force International products are manufactured following cGMPs in compliance with the US Food and Drug Administration's cGMPs Regulations (21 CFR 110).

Keep out of reach of children. Pregnant or lactating women should consult their healthcare professional prior to using any new product.

Supplement Facts	
Serving Size	1 Rounded Tsp. (6 g)
Servings Per Container	66
Amount Per Serving	% DV*
Total Carbohydrate 5 g	2%
Dietary Fiber 5 g	25%
Soluble Fiber 4 g	
Insoluble Fiber 1 g	
Psyllium (husks and seeds) 6 g	†
* Percent Daily Values (DV) are based on a 2,000 calorie diet.	
† Daily Value not established.	



*These statements have not been evaluated by the Food & Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.